



## WELCOME TO CHILDRENS PRAISE N' RAINBOWS!

At Children's Praise N' Rainbows, we provide a safe, caring and fun environment, devoted to each child's spiritual, emotional, physical and intellectual strengths. **Children's Praise N' Rainbows** is a program where children are given the opportunity to learn and grow in a fun, Christian environment.

It is especially important to us to have good communication between home and school. We encourage you to ask questions during your child's time with us.

Thank you,  
Sarah Stejskal  
Director, Children's Praise N' Rainbows



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### **Program Goals**

- \*To increase self esteem and self confidence.
- \*To promote further awareness of God's presence in our daily lives.
- \*To promote communication, cooperative behavior and social relationships.
- \*To learn problem solving strategies and increase higher level thinking.
- \*To develop further use of fine and large motor skills.
- \*To learn basic safety and good health practices.
- \*To establish and support home/school relationships.
- \*To learn to use materials and equipment freely, creatively and with respect.

### **Location and Hours**

Children's Praise N' Rainbows hours are 9:30-2:00 Monday, Tuesday and Thursday. The office phone number is 651-681-1658. Please call if you have questions or concerns. Children's Praise N' Rainbows is located at 4888 Pilot Knob Road in Eagan.

### **Staff**

The staff at Children's Praise N' Rainbows is carefully chosen based on their teaching experience, ability and joyful passion for children and their growing relationship with Jesus Christ as Lord and Savior.

### **Parent/Teacher Communication**

E-mail: E-mail will be the primary mode of communication from us. If you do not have a home email account, please consider providing us with a work email so you do not miss out on any information. Most things will be covered in the newsletters and calendars. Please feel free to email us at [Sarah@PraiseNRainbows.com](mailto:Sarah@PraiseNRainbows.com)

Website: Children's Praise N' Rainbows has a website at [www.PraiseNRainbows.com](http://www.PraiseNRainbows.com). You can find registration information and necessary forms there. You can also find the monthly newsletters as the year continues.

Phone: Director Sarah Stejskal can be reached by phone at 651-681-1658



### **Sessions Offered**

Yellow Birds- 18 months- 2 years old, class size 9 children with 2 adults

In our Yellow Birds Class infants will feel secure to play in a safe, loving and nurturing environment. They will build self-confidence as teachers offer many opportunities to explore the world around them with stimulating toys, music, books and much more.

Red Foxes- 2-3 years old, class size 11 children with 2 adults

In our Red Foxes Class toddlers will enjoy a variety of activities. In addition to meeting their daily needs, teachers incorporate classroom opportunities to develop fine and gross motor skills through puzzles, table toys, large blocks and learning centers.

Blue Whales/Orange Tigers- 3-4 years old, class size 14 children with 2 adults

In our Blue Whales/Orange Tigers Class older toddlers and preschoolers will enjoy the added activities to their day. Teachers incorporate a short circle time each day where they share favorite songs and finger plays. Teachers provide exposure to a wide variety of stimulating toys, material and activities to prepare for later Preschool learning.

Green Dinosaurs/Purple Penguins- 4 years old- Pre-K, class size 14 children with 2 adults

In our Green Dinosaurs/Purple Penguins Preschool Class teachers provide learning centers and a wide variety of interactive activities. Preschoolers have many opportunities to practice their early reading, writing and math skills. Preschoolers are exposed to more involved circle times, as well as developing social skills such as the importance of respecting the classroom and others.

Each class will have one or two qualified head teachers, with an assistant teacher or teacher's aide if necessary.



### **Registration**

Each child may be registered for one day out of the week; Monday, Tuesday, or Thursday.

Children are registered and attend the same day each week.

Registration for new families for the upcoming year starts in February. Registration for current families and Chapel Hill Church families is currently being taken. The non-refundable registration fee is \$35 for one child, \$50 for two or more children from the same family. There must be an opening in the appropriate class before a registration will be accepted. If your child is placed on a waiting list, the \$35.00 fee will be held until enrollment is confirmed.

Registration fees are collected at the time of registration.

Register by March 1st to receive the early bird \$5 off your registration fee.

The program does not discriminate in admissions or demission on the basis of race, sex, religion, creed, color or national and ethnic origin.

### **Tuition**

Tuition for the upcoming school year.

#### **Mondays, Tuesdays & Thursdays 9:30-2:00**

1 Child- \$64/month

2 Children- \$112/month

3 Children- \$158/month

Drop in for occasional use is \$20 a day, based on classroom availability.

Tuition is from September to May and is due on the first class day of the month. The amount is the same each month. Please make checks payable to Children's Praise N' Rainbows. If payment is not received on the first class day, of the month, a late fee of \$15 is added onto the monthly tuition. If tuition is not received by the following class day the child will not be accepted into the classroom for that day. The service fee for a returned check is the responsibility of the parent.

We expect your child to attend all year. A four-week written notice is required in advance of withdrawing your child for any reason. The responsibility for payment of tuition will continue for four weeks after notice has been given. There will be no refunds of tuition for any reason including illness, holidays, vacations or any other absences unless authorized by the director.

Children's Praise N' Rainbows is a non-profit organization which operates solely on the tuition from each child, therefore it is essential that tuition is paid promptly.



## Curriculum

Children's Praise N' Rainbows teaches using the **WEE Learn: Curriculum Guide**. Wee Learn is a comprehensive curriculum plan that contains teaching suggestions for using books, music, nature and toys to illustrate Christian fundamentals. Age-appropriate learning activities are designed to lay a foundation for understanding God, Jesus, the Bible, church, self, family, others and the natural world. Wee Learn activities embrace physical, mental, emotional, social and spiritual development. This curriculum includes learning centers and group activities that are based on a weekly theme. Lesson plans are developed based on the following areas:

The Art Center- Wee Learn art curriculum recognizes that the process, not the completed product, should be the focus of art. We provide a variety of mediums (paint, paper, glue, an assortment of collage materials, crayons, markers, etc.) to encourage creative art, not just crafts.

The Nature and Science Center- Wee Learn curriculum recognizes that nature items are fascinating to children and that they help them learn about the world God made. We conduct simple experiments to provide fun learning opportunities (ex. Sink vs. Float). We encourage children to ponder "Why?" and "How?"

The Book and Listening Center- Wee Learn encourages children to "read" books as an important pre-reading skill. We work on simple skills children need to learn such as turning the pages, looking at the pictures, knowing where words are on a page and following print from left to right.

The Writer's Corner- Wee Learn curriculum understands that writing is a process, not a duplication of forming letters and symbols. We give children the opportunity to express their emotions and connections to others through scribbles, simple drawings and eventually formulations of letters into words.

Religion- We conduct our program in a Christian environment. We incorporate Christian values in our everyday routine including prayers to begin our day as well as snack time. We strive to carry over the values such as respect, kindness and consideration of others that are taught at home. We also use weekly Bible stories to help carry over these values.

The Games and Manipulative Center- Wee Learn curriculum provides games to encourage cognitive, emotional, and physical skill development in addition to learning cooperative skills. We use puzzles to help children learn to work from left to right (a pre-reading skill) and develop a sense of accomplishment. We help to develop math skills by leading the children to sort, pattern and graph the manipulative.

The Dramatic Play Center- Wee Learn curriculum recognizes that imagination and imitation are both necessary as children develop. We understand that dramatic play enables children to play out real-life family situations.

The Music and Movement Center- Wee Learn curriculum encourages children to exercise large muscle groups through music and movement. We work on increasing eye-hand coordination as children learn to follow directions while participating in movement activities. We provide listening music to lower stress, increase spatial reasoning and activate both sides of the brain.

The Construction Center- Wee Learn curriculum adds a variety of blocks and building materials to encourage creative play, cooperative play, eye-hand coordination and fine motor skills. We



encourage children to discover and experiment to build self-confidence, achievement and problem-solving skills.

### **A Day at Children's Praise N' Rainbows**

Arrival- Children select activities at one of the learning centers.

Large Group Time- Music, Bible story, valuable lessons and prayer are shared by the Director.

Creative Art- Children enjoy painting, coloring, pasting, cutting and more.

Snack- A snack and beverage are provided daily.

Outdoor/Indoor time- Children exercise large muscle skills on one of our two playgrounds or spacious gym.

Lunch- The children enjoy time eating their home-made lunches together.

Circle Time- Music, Bible story review, sharing, practical life and academic skills are covered.

Rest/Video Time- A short video is played while children take time to rest on blankets.

Departure Time- The children are excited to show and tell you all about their day!



## General Policies

### Arrival / Departure

When dropping your child off, please use the north side doors. Please arrive as close to 9:30 a.m. as possible. Teachers are busy preparing for the day and will be unable to accept children before this time. The hallway doors will be opened at 9:30, letting you know the teachers are ready for your child. There will be a sign in/sign out sheet for each classroom that **MUST** be filled out each day.

Parents are to provide us with the name of persons authorized to pick up your child if someone other than the parent. We will release children to authorized persons only.

**\*\*\* Any person other than a parent who comes to pick up the child must show proper ID before the child will be permitted to leave the room. If an unauthorized person attempts to pick up your child, the child will not be released and the parent will be informed immediately.**

If your child has not been picked up within 15 minutes of dismissal time, the parent will be contacted.

IF A CHILD IS NOT PICKED UP AT THE TIME DESIGNATED AS ENDING THE CLASS SESSION, A LATE FEE OF \$5.00 PER 15-MINUTE BLOCK OF TIME WILL BE CHARGED TO THE PARENT.

### What to Bring (each day)

- a large backpack or tote bag (all ages)
- a well balanced lunch including utensils and a beverage (no soda) and food that your child is able to eat without assistance or requiring refrigeration or heating (all ages)
- blanket for rest time (all ages)
- a complete change of clothing, including socks (all ages)
- 4 disposable diapers (if needed)
- outdoor clothing, jacket, boots, hat mittens- when needed (all ages)

### Clothing

We play outdoors and do art projects each day, therefore children should be dressed in play clothes that may get messy. Tennis shoes are ideal since they are safe to run and play in, unlike flip-flops, clogs or dress shoes which can be unsafe. Clothing children can zip or button by themselves is needed for those who use the toilet by themselves.

PLEASE LABEL ALL ITEMS WITH YOUR CHILD'S NAME!!!!!!





### **Snacks and Birthdays**

A beverage and snack will be provided each day at approximately 10:30 a.m. Occasionally your child will also have the opportunity to prepare special foods for snack. You may bring a special snack on the day the teachers have chosen to celebrate your child's birthday. All treats must be store-bought in accordance with state law. The teacher may celebrate summer birthdays during the child's half birthday month. Any food allergies will be posted in each classroom. Please list any food allergies on the personal form. Please keep teachers informed of any food allergies your child has or may develop.

### **Behavior Guidance**

Behavior guidance procedures utilized at school are of concern to all parents. Our methods of discipline (not punishment) are as follows. Our staff firmly believes that a child is not bad but rather at times his behavior does not fit within the guidelines and limitations established for the safety of all children in our school. Our first approach is to talk to the child and remind him of the rules, an opportunity for teaching. If this does not correct the problem, the next approach would be to divert the child to another activity. Finally, if needed, the child will be asked to sit on a chair to take "time out", to give him a chance to pull himself together, to talk with the teacher about the consequences of his actions.

### **Pictures**

Pictures are taken periodically of the children. They may be used in the newspaper, facebook, website, and at various programs and meetings that deal with child care. You must have signed the Permission Form in order for your child's picture to appear in public.

### **Severe Weather/School Closing**

Please listen to WCCO radio 830 AM or watch TV for any announcements regarding closings. If ISD 196 (Rosemount, Apple Valley, Eagan) is cancelled, Children's Praise N' Rainbows will not hold classes. If the public schools are starting two hours late, we will be cancelled, if the public schools are starting one hour late we will also start one hour late. If there is a utility failure of any kind (heat, lights, water) during the day, the school will be closed and parents will be notified.



### **Fire Drills / Tornado Drills**

Fire Drills will be held twice throughout the school year. The staff will prepare the children for these drills. There is at least one exit by each classroom. Children will be trained at the sound of the alarm to go to the exit and out to the parking lot. After the children are evacuated, in the event of a real fire, 911 will be called. A tornado safe-area has been designated. Children will be instructed to kneel on the floor facing the wall with heads down and protected.

### **Health Regulations**

Medical emergency forms must be submitted by the first day of class.

#### **Allergies**

Please be sure that any severe allergy your child has is listed on your enrollment package. Also, please let your teacher know of your child's allergy. We are not a peanut free environment. However if a child has a severe allergy we will ask parents to refrain from sending food harmful to the child with allergies.

#### **Illness**

**\*\*Please call the preschool at 651-681-1658 if your child will be absent. \*\***

If he/she is not feeling well, please do not send your child to school:

- with a reportable illness or condition that is contagious and a physician determines the child has not had sufficient treatment to reduce the health risk to others
- with chicken pox until the child is no longer infectious or until the lesions are crusted over -- who has pink eye or puss draining from the eye
- who has a bacterial infection, such as strep throat or impetigo, and has not completed 24 hours of medication
- who is vomiting and/or diarrhea (must be free for 24 hours)
- who has lice, ringworm, or scabies that is untreated and contagious to others
- who has temperature of 100 degree Fahrenheit, or high temperature of undiagnosed origin before fever reducing medication is given (must be fever free without the assistance of medicine for 24 hours)
- who has an undiagnosed rash or a rash attributable to a contagious illness or condition
- who has significant respiratory distress
- who is not able to participate in preschool activities with reasonable comfort; or
- who requires more care than the program staff can provide without compromising the health and safety of other children in care.



If your child comes down with a contagious illness, you must contact us within 24 hours. Some of these illnesses may include: strep throat, chicken pox, pink eye, impetigo, head lice, pinworms, mumps, measles and hepatitis. Should your child's class be exposed to a contagious illness, a notice will be posted to inform you and a note will be sent home.

If a child becomes ill at school, the teacher will contact the parents immediately by phone. The child will be kept comfortable and in isolation until picked up. If a parent cannot be reached, the alternate person whom you have designated will be contacted. Someone will stay with your child until you arrive. There is no refund in tuition due to illness.

### **Medical**

Let the staff know if your child is taking any medications. Please administer their dose either before or after preschool. No medications will be administered by a staff member to children at any time unless the parent has previously informed the Director of the need. Prescription drugs must be in their original labeled container with dosage instructions included.

### **First Aid Injury**

In the event of an accident or injury, your child will have prompt immediate attention. An accident report form will be given to you stating the details of what happened and what medical attention was given. You will be immediately contacted regarding any serious injury.

### **Emergency Care**

In case of a medical emergency, 911 will be called and the 911-response team will transport the child. The Director or teacher will notify the parents. If a parent is not present, a staff member will accompany the child to the hospital. The Director will report in writing to the Department of Public Health and Welfare within 24 hours of any serious injury, fire or death. Be sure to keep us updated on changes in medical care and emergency phone numbers.

### **Program Withdrawal Policy**

Our withdrawal policy requires that you give a four (4) week notice of withdrawal from the program. In the event that you need to withdraw your child from Children's Praise N' Rainbows, we must receive notification in writing. Please date your written notice and indicate the last day your child will be attending. Parent is responsible for paying tuition for four (4) weeks after notifying the Director of Children's Praise N' Rainbows of their intention to withdraw their child from the program. The Director reserves the right to implement a probationary/cancellation policy for a child in the case of persistent severe disruptive behavior (i.e. biting, hurting others...)